Liability Waiver and Assumption of Risk 18 and Over - Print version

In consideration of being given the opportunity to use the equipment and facilities of the Guelph Rowing Club (the %RC+) and to participate in the sport of rowing and the programs, activities, events and operation of the GRC, which include without limitation rowing competitions, camps, clinics, training, and practices in rowing, sculling and related activities on land and on the water (the %ctivities+), and other good and valuable consideration, the receipt and sufficiency of which I hereby acknowledge, for myself and for my personal representatives, heirs, executors, and estate:

- 1. I acknowledge, agree and represent that I understand the nature of Activities, and that I am skilled, competent, in good health, and in proper physical condition to participate in Activities. Further I acknowledge and agree that if my swimming ability due to physical or other reasons is impaired in any way that I will advise my coach or GRC official prior to going on the water:
- 2. I acknowledge, agree and understand that: (a) the Activities involve risks and dangers, including without limitation, loss or damage to property, personal injury, disability and death (the Risks); (b) these Risks may be caused by my own actions or omissions, the actions or omissions of others participating in the Activities, the conditions or circumstances in which the Activities take place, or the negligence of the Releasees named below:
- 3. I accept and assume all such Risks, the potential consequences of such Risks, and responsibility for losses, costs and damages that may result to me from my participation in the Activities;
- 4. I release, discharge and agree to hold harmless, the GRC, and its officers, directors, employees, volunteers, and agents, including instructors and coaches, and each of their heirs, executors, administrators, successors and assigns (each and all Releasees+), from any liability, claims, demands, losses or damages, I may suffer, whether from loss or damage to property, personal injury, disability or death, due to any cause whatsoever, as a result of my participation in the Activities;
- 5. I agree to indemnify and hold harmless the Releasees from any and all liability, claims, demands, losses or damages to any third party, whether for loss or damage to property, personal injury or death, resulting from my participation in the Activities;
- 6. I agree to abide by all rules and regulations of the GRC including, but not limited to, the GRC bylaws and/or GRC policies, and to follow the rules of safety as set out by the GRC. I will conduct myself in a sportsmanlike manner and will remain a member in good standing throughout. I agree to pay my membership fees in full, and acknowledge that all fees are non-refundable.
- 7. I agree to view the ROWING CANADA (RCA) SAFETY VIDEO in its entirety prior to participating in rowing. I agree to understand the safety procedures outlined in the video prior to rowing and agree to seek clarification from GRC coaches regarding any questions I may have about the safety procedures.
- 8. I agree to attend a **Site Safety and Emergency Procedures Meeting** and understand cold-water rules, navigational protocols, weather restrictions, and the other safety and emergency procedures described and discussed prior to rowing.
- 9. I have read the Members Manual and related documents at www.guelphrowing.com and assume responsibility for examining such documents for any changes or additions. I acknowledge and confirm that I can swim and that I am familiar with and understand the dangers associated with cold weather and water, specifically hypothermia and how to deal therewith should an incident occur. I agree to notify the GRC coach or captain, or in her/her absence a GRC official, of all accidents and other incidents that I know of that involve danger, damage to equipment, or personal injury to myself or others, whether on the water or on land, within the GRC facility or on its grounds.
- 10. The GRC respects your privacy. We protect your personal information and adhere to all privacy legislative requirements. We do not rent, sell or trade our mailing lists. We use your personal information within the GRC to provide services and to keep you updated on the activities of the GRC, including programs, services, special events, fund-raising, volunteer opportunities, open houses and more. You authorize GRC to use and collect your personal information (name, address, telephone number, age, gender, birth date, email addresses, photographs, and videos) which relate to the Activities for such purposes including:
 - sharing with rowing organizations such as Row Ontario, Rowing Canada for the purposes of registration and insurance;
 - sharing with insurance companies for the purposes of obtaining insurance;
 - sharing with Grand River Conservation Authority for property use and access;
 - using for publication of images and/or voice in GRC newsletters, web pages, promotional material or local media;
 - email distribution in the distribution of information regarding GRC and the Activivites.

All medical information is kept confidential by the GRC for use in emergency situations only.

I acknowledge that I authorize and consent to the above use and collection of my personal information and may withdraw my consent at any time by contacting the GRC at info@guelphrowing.ca.

11. I acknowledge and agree that: (a) I have read and understand this agreement; (b) I have signed this agreement freely and without any nducement, representation or assurance of any nature; (c) by signing this agreement I am waiving and giving up substantial legal rights which or my estate, heirs, executors or administrators may have against the Releasees.
Signed this day of, 20

	Print Name	Signature
Member		
Witness		